

Children and Young Peoples Projects

Your Bus Your Call

Your Bus Your Call (YBYC) uses a converted library bus to take services for young people into rural communities. Our bus is kitted out for young people's health and wellbeing work, and the service chooses locations where young people are happy to access the activities we offer. Experienced staff get to know and form relationships with young people to find out what they need, and what there is for them locally. We always work in the context of the local community, and work closely with local stakeholders like Parish Councils.

Our health promotion work covers a whole range of issues, including

- Sexual health and relationships
- Mental health
- Physical health – obesity and physical activity
- Drug and Alcohol use

We work from the basis of informal education through group activities and learning, using tried and tested approaches. We work from the basis of harm reduction and education, and also offer a confidential service.

We work closely with individuals who have particular challenges in their lives or habits that they would like to change. Our bus has a separate area where one-to-one 'consultations' take place, and we meet individuals regularly in and out of our weekly sessions to help them to make changes. We approach this with a variety of tools and techniques, and train our staff to support young people to make positive changes in their lives.

Where do we do it?

YBYC is currently active in two parishes in West Sussex as part of our overarching Health and Wellbeing Pathfinder programme. Previously the programme was funded to worked for 5 years in Lewes District, where it provided much needed and very successful health promotion and youth work services.

For more information, please contact:

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